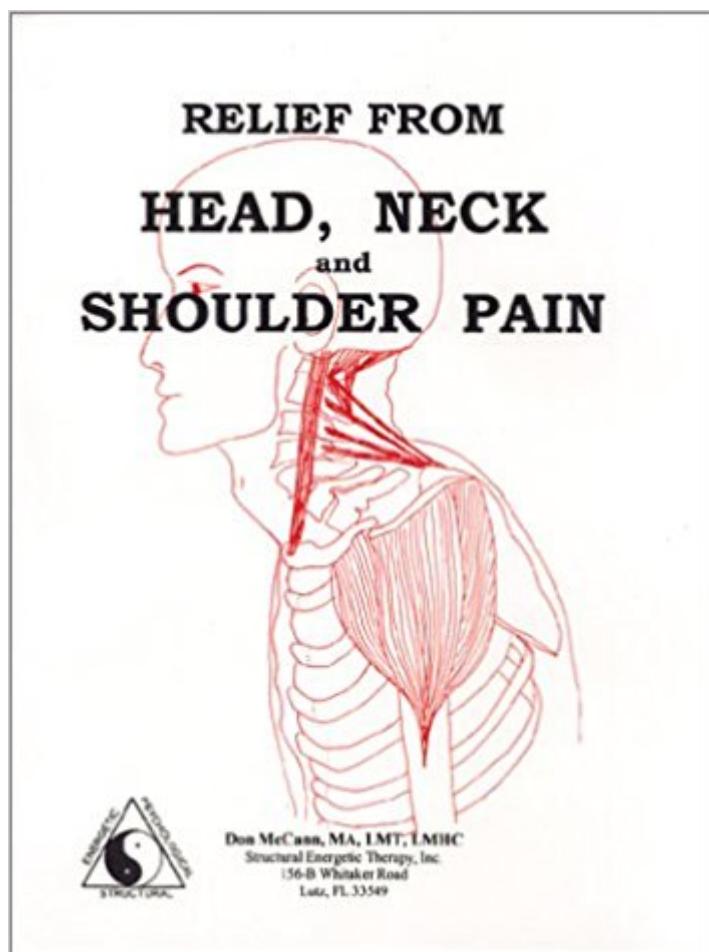


The book was found

Relief From Head, Neck And Shoulder Pain



Synopsis

A comprehensive presentation of the painful conditions found with the head/neck/and shoulders, case studies, stages of rehabilitation, application of therapies, and more. Two complete treatment protocols are presented in text, anatomical illustrations and photos. (1) The first is the Quick Release Technique which incorporates acupressure, trigger point therapy and craniosacral to relieve headaches, release painful spasms, and prepare clients for deep tissue therapy. It is also a complete and unique therapy in itself. (2) The second is a more in-depth and precise deep tissue protocol to very effectively address headaches and other painful soft tissue conditions with the attainable goal of full rehabilitation.

Book Information

Plastic Comb: 77 pages

Publisher: Structural Energetic Therapy, Inc. (July 7, 1999)

ISBN-10: 0970681119

ISBN-13: 978-0970681119

Package Dimensions: 10.8 x 8.6 x 0.2 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,902,042 in Books (See Top 100 in Books) #33 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1197 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

Customer Reviews

DON McCANN, MA, LMT, LMHC, is the creator of SET and has been in private practice for over 25 years in Lutz, FL. He is a Structural Energetic Therapist and teaches Structural Energetic Therapy at SET, Inc. He is a Certified Postural Integrator, Licensed Mental Health counselor (MH00705), Reichian Release Therapist, Licensed Massage Therapist (MA03267), Florida Board of Massage Therapy Continuing Education Provider, a CEU Provider for the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)Type A. He served three years as Executive President of the Florida State Massage Therapy Association. He has received the 1994 and 1997 Florida State Massage Therapist of the Year Award. In the Florida State Massage Therapy Association he has also held the positions of Executive First Vice President, the Education Standards Chair and Provider Guidelines. He is a long-term member of the AMTA. He also adds to his holistic practice expertise in N.I.C.S. Craniosacral Therapy, Bioenergetic Therapy, Gestalt

Therapy, Rebirthing, Electronic Acupuncture and Hypnosis. He has lectured and taught at a variety of universities and massage schools, Florida Chiropractic Association, and Florida Osteopathic Association. He presently teaches twelve massage therapy workshops and an intensive advanced training in Structural Energetic Therapy. He is the Director of Structural Energetic Therapy, Inc., and the only Certified SET Trainer. Don has published A TREATMENT MANUAL FOR STRUCTURAL MASSAGE THERAPY, RELIEF FROM HEAD/NECK/SHOULDER PAIN, RELIEF FROM HEAD/NECK/SHOULDER PAIN QUICK RELEASE TECHNIQUE, RELIEF FROM CARPAL TUNNEL PAIN and OTHER NERVE ENTRAPMENT SYNDROMES, and numerous articles for the massage journals. He has also produced three instructional videos. Don's sports related experience includes therapy for many kinds of athletes and a past staff position with the Tampa Bay Rowdies.

[Download to continue reading...](#)

Relief from Head, Neck and Shoulder Pain 50 Dry Rubs for Pork Shoulder: BBQ Pork Shoulder Recipes, Pork Shoulder Seasoning, Oven & Crock Pot Marinade Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Illustrated Anatomy of the Head and Neck, 3e (Fehrenbach, Illustrated Anatomy of the Head and Neck) Bailey's Head and Neck Surgery: Otolaryngology (2 volume set) (Head & Neck Surgery-Otolaryngology) 7 Steps to a Pain-Free Life: How to Rapidly Relieve Back, Neck, and Shoulder Pain 8 Steps to a Pain-Free Back: Natural Posture Solutions for Pain in the Back, Neck, Shoulder, Hip, Knee, and Foot The Pain-Free Program: A Proven Method to Relieve Back, Neck, Shoulder, and Joint Pain Walk Yourself Well: Eliminate Back Pain, Neck, Shoulder, Knee, Hip and Other Structural Pain Forever-Without Surgery or Drugs Neck Check: Chronic Neck Pain Relief Once and For All (Super Spine) Fixing You: Neck Pain & Headaches: Self-Treatment for healing Neck pain and headaches due to Bulging Disks, Degenerative Disks, and other diagnoses. Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) The Back Pain Book: A Self-Help Guide for the Daily Relief of Neck and Low Back Pain Back in Balance: Use the Alexander Technique to Combat Neck, Shoulder and Back Pain Walk Yourself Well: Eliminate Back, Neck, Shoulder, Knee, Hip, and Other Structural Pain Forever - Without Surgery or Drugs Beginner's Guide to Sciatica Pain Relief: A Concise Guide to Pain Relief & Spinal Cord Anatomy Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today

From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)